



THE QUEENSVILLE QUILL

20317 Leslie Street, Queensville ON L0G 1R0

Phone: 905-478-4191 Fax: 905-478-4047

www.queensville.ps.yrdsb.ca

Principal: Bruce Baynham Superintendent: Erik Khilji

Vice Principal: Nina Keosongseng Trustee: Elizabeth Terrell-Tracey

Elementary Office Administrative Assistant: Lisa Mammone

Character Matters!

February 2020



Grandfather Teaching: Initiative

We act without being prompted by others. We are eager to do what needs to be done without having to be told to do it. We take the first step towards the achievement of a goal.

Character Trait: Wisdom

To have wisdom is to know the difference between good and bad and to know the result of your actions.

FEBRUARY 5 is Winter WALK DAY!

Queensville PS is celebrating and requests all students to make an effort to walk to school or their bus stop!

Winter Walk Day is celebrated by schools across Ontario and is celebrated on the first Wednesday of February each year. Walking to and from school or the bus stop is beneficial every day, so we encourage you to journey outside throughout the entire month of February.

Please do your best to make an effort to participate. If you live far consider parking a block away, or to a friend's driveway and walking the rest of the way!

Dress warm and Celebrate Winter Walk Day with us on **February 5!**



SCHOOL CROSSING

February Calendar

4	Lice Check with Nurse Shelley
11	Drumming with Rhythmic by Nature
12	Little Jammerz Ukulele presentation
14	Valentines Day, Wear Red, Pink, White Friendship Day
17	Family Day, No School
19	I Read Canadian Day
25	Sara Westbrook at Sharon 6:30 pm
28	Spirit Day: Backwards Day

Please be advised that after March Break, the Town will be removing the crossing guard, mid-day service. Before and after school services will not change. Parents and guardians are asked to supervise students when they are crossing Leslie Street at lunch time. Thank you for your cooperation.



Message from Trustee

As we enter another month of winter, this is a good time to be thinking about our health, well-being and the importance of self-care. We know that, like all of us, our students can focus better when they feel better. Our schools play an important role in health and mental health promotion and education, and fostering well-being and mental health is one of our [priorities as a school board](#).

There is a lot of work taking place in our schools and board to create [healthy schools](#) and promote [mental health](#) and well-being, including:

- Providing training and resources for educators on strategies to support mentally healthy classrooms for all students, including holding a mental health conference.
- Hiring identity specific mental health workers and developing partnerships with [community partners](#) to serve the diverse needs of our students.
- Developing a [Student Suicide Intervention Protocol](#) to help keep students safe in the event of suicidal thoughts or actions.
- Educating students about the risks of [substance use and misuse](#), including [vaping](#) and [cannabis](#).
- Providing strategies and supports for students in [preparing for exams](#) and [managing stress](#).

This commitment is also reflected in Board policy like the [Healthy Schools and Workplaces](#) policy and procedures. Setting policy, which governs the operation of the Board, is one of the [roles of trustees](#), and we greatly value the input provided by students, staff members, family and community members. I encourage you to look at the [policies under review](#) and share your feedback.

We have a lot to look forward to in 2020. At the Board meeting in December, trustees unanimously approved the addition of [new permanent Indigenous Trustee and Indigenous Student Trustee positions](#). We are committed to Indigenous Education in our Board and it is important that these voices are represented at the table. We hope to fill the positions as soon as possible and will share more information as it becomes available.

A [message from the Chair of the Board of Trustees](#) is also available on the Board website at www.yrdsb.ca.

Elizabeth Terrell-Tracey

Trustee, East Gwillimbury and Whitchurch-Stouffville



Our lost and found is growing! Students are encouraged to label clothing with names so that found items can be returned to owners. At the end of the year, unclaimed items will be donated.



Take 5 Breathing Exercise

Deep breathing is one of the best ways to manage emotions and cope with stress. Deep breathing exercises can quickly change a stress response into a relaxation response.

Try this simple breathing exercise with your child:

1. Start with one hand: Stretch your fingers out like a star.
2. With your other hand, use your pointer finger to trace the hand that is stretched out.
3. Trace your hand: Slowly slide up one side and down the other side of each finger.
4. Breathe in through your nose and out through your mouth.
5. Now put the last two steps together: Breathe in through your nose as you trace up one finger and breathe out through your mouth as you trace down. Keep going until you have finished tracing your hand.

This free relaxation tool is beneficial for your child because:

- It can be done anywhere
- It can be done at anytime
- It will help calm and relax your child



This material is provided by York Region Public Health. For more information on staying healthy please visit york.ca/healthyschools.



Picture Books & Math

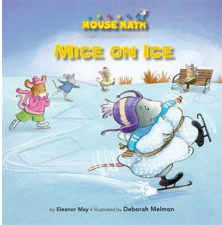
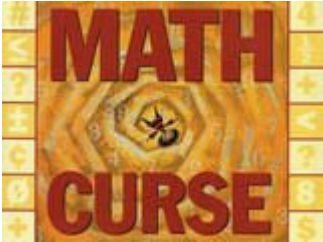
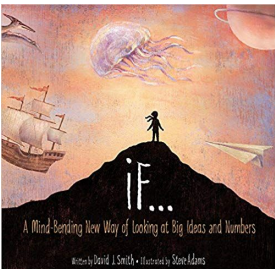
Have you ever thought about using picture books to learn math with your child? Children of all ages love stories and they are a friendly way to engage in math talk about numbers and other mathematical concepts. The visual displays can help children understand the math and the story line helps them connect math to their everyday life.

Using picture books to explore math can:

- Help children learn mathematical concepts and skills
- Provide children with a meaningful context for learning mathematics
- Supports children's development and use of mathematical language and communication
- Help children learn mathematical problem solving, reasoning, and thinking
- Provide children with a richer view of the nature of mathematics
- Provide children with improved attitudes towards mathematics.

Integrating children's literature and mathematics in the classroom: Children as meaning makers, problem solvers, and literary critics Schiro (1997)

Sometimes it's hard to find the math in books, here are a few concepts you can talk about when reading the following books:

	<p><u>Mice on Ice by Eleanor May</u> Albert and his friends go skating and are making shapes in the ice with their skates. This story highlights the names of shapes and the properties that describe them.</p>
	<p><u>Math Curse by Jon Scieszka</u> When Mrs. Fibonacci, the math teacher, tells the class that you can think of almost everything as a math problem, one of her students feels that he is cursed when he starts creating math problems out of his everyday life. This funny story will help children make connections to the many ways they engage in math problem solving on a daily basis.</p>
	<p><u>IF: A Mind-Bending Way of Looking at Big Ideas and Numbers by David J. Smith</u> “IF, scales down or shrinks huge events, spaces and times by comparing them to everyday objects that children understand.” This book engages readers in proportional reasoning and encourages older children to discuss complex world topics.</p>



Picture Books & Math

Here are some other books that have strong math connections

Primary Books:

- Albert is Not Scared by Eleanor May
- Spaghettis and Meatballs: A Mathematical Story for All by Marilyn Burns
- Zero by Kathryn Otoshi
- One by Kathryn Otoshi
- Counting on Frank by Rod Clement

Junior/Intermediate Books:

- Fractions in Disguise: A Math Adventure by Edward Einhorn
- Infinity and Me by Kate Hosford
- One Grain of Rice: A Mathematical Folktale by Demi
- Anno's Magic Seeds by Mitsumasa Anno

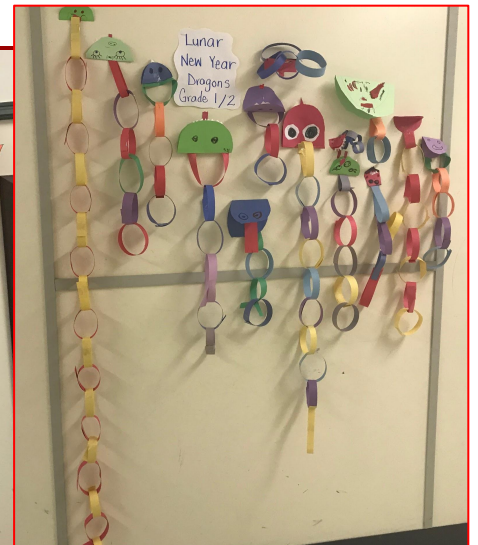
For more books please visit:

<http://www.yrdsb.ca/Programs/Math/Pages/Resources-for-Kindergarten-to-Grade-3.aspx>

<http://everydaymath.uchicago.edu/teachers/k/literature-list/>

<https://www.the-best-childrens-books.org/math-for-kids.html>

To find out what your child will learn in math this year or to find other fun activities that you can do together as a family, please visit <http://www.yrdsb.ca/Programs/Math/Pages/default.aspx>. Be sure to also try our [Problem of the Month](#)



Happy Lunar New Year! This Chinese New Year dragon that is on display was created collaboratively by our students.





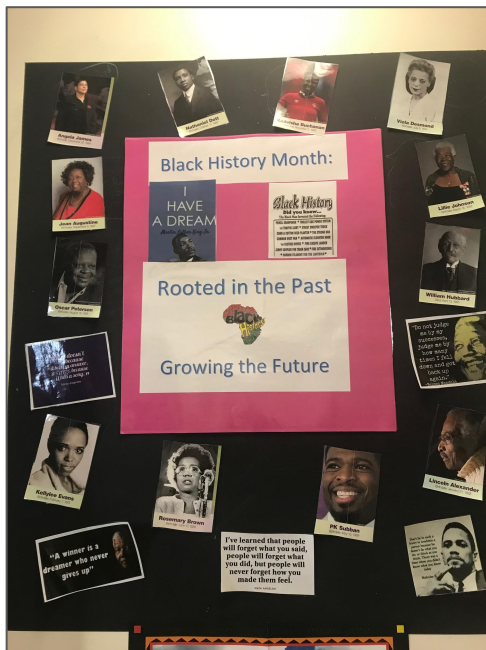
Around the School...

Showing some team spirit on Jersey and sports day.



We reflect upon the legacy of African history in all its various forms, and we join all Canadians in celebrating Black History/African Heritage month.

We learned how we can be better stewards of our environment with some help from Earth Rangers.



Our students enjoyed hearing from Canadian author, Susan Aguilo. We were inspired to take the ordinary and make it extraordinary.



Our junior students are practising mind-body awareness while working on flexibility and balance. Thank you, Mrs. Curtean for leading us.





SCHOOL COUNCIL CORNER

As a school council member, you can help your council discover new and exciting ways to contribute to the education of students in your school. Education is a partnership involving parents, students, teachers, principals, school boards, government, and the community. Your involvement in the council gives you the opportunity to strengthen that partnership, and to be part of a dedicated team working to ensure a high quality of education and an accountable education system for the children of Ontario. Your participation can make a difference! Our next tentative School Council Meeting will be at 5:30 pm in the Learning Commons on: April 6th, May 4th. All are welcome!



We continue to welcome nut free granola bars, cereal, gift cards, and/or fresh fruit donations for our morning snack program. Thank you for your support! Thank you, parents, for volunteering your time to shop for and then to wash and prepare our fresh fruits so they can be served to our students in the mornings.

Save the Date! Feb. 25 6:30-7:45
Click [here](#) to register for FREE!



SARA WESTBROOK

UPower PRESENTATIONS

Sharon PS
Tuesday Feb 25
6:30 pm - 7:45 pm
Parent Council has
Child Minding covered with
Fun Activities & Treats

3 HABITS OF RESILIENT FAMILIES

As parents and guardians, it's important to support children in making character-based choices that develop the skills of Resilience, Confidence and Emotional Well-Being.

Many of their choices are being made based on how they feel (anger, sadness, disappointment etc). Since emotions are constantly changing, they are not a reliable place to make all choices from. It's essential to teach children how to move through emotions in healthy ways so they can make choices from a more reliable place - their character.

In this presentation you will learn 3 Habits to coach your children to:

- Make character-based choices.
- Bounce back from tough emotions and challenging circumstances.
- Train their brain to think and act beyond tough emotions.
- Learn healthy ways to release emotions.

FOR MORE INFORMATION ABOUT SARA WESTBROOK PLEASE VISIT WWW.SARAWESTBROOK.COM

AS SEEN ON

Global

QUEENSVILLE TORONTO MARLIES GAME

STUDENTS GET TO HIGH FIVE THE MARLIES PLAYERS AS THEY WALK OUT ONTO THE ICE!

SATURDAY FEB 15TH
4:00PM
vs BELLVILLE SENATORS










\$30 (REG. \$37)

\$3 FROM EACH TICKET GOES BACK TO THE SCHOOL

Join in on the Fun!



LOOKING AHEAD AT FEBRUARY

Monday		Tuesday		Wednesday		Thursday		Friday	
Day 4	3	Day 5	4	Day 1	5	Day 2	6	Day 3	7
Valentines Cookie Sale \$1 Begins 		Lice Check		Winter Walk Day 					
Day 4	10	Day 5	11	Day 1	12	Day 2	13	Day 3	14
		Rhythmic Drumming 		 Little Jammerz Presentation to classes				Valentines Day Wear Red, White, pink 	
	17	Day 4	18	Day 5	19	Day 1	20	Day 2	21
Family Day No School				I Read Canadian Day 				Gr. 3/4 East Gwillimbury Library Outreach Makey Makey 	
Day 3	24	Day 4	25	Day 5	26	Day 1	27	Day 2	28
		Sara Westbrook 6:30-7:45 pm @ Sharon PS Click HERE to register for FREE						Spirit Day: Backwards Day	